

## Telomeres and telomerase in cancer

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**Myriad genetic and epigenetic alterations are required to drive normal cells toward malignant transformation. These somatic events commandeer many signaling pathways that cooperate to endow aspiring cancer cells with a full range of biological capabilities needed to grow, disseminate and ultimately kill its host. Cancer genomes are highly rearranged and are characterized by complex translocations and regional copy number alterations that target loci harboring cancer-relevant genes. Efforts to uncover the underlying mechanisms driving genome instability in cancer have revealed a prominent role for telomeres. Telomeres are nucleoprotein structures that protect the ends of eukaryotic chromosomes and are particularly vulnerable due to progressive shortening during each round of DNA replication and, thus, a lifetime of tissue renewal places the organism at risk for increasing chromosomal instability. Indeed, telomere erosion has been documented in aging tissues and hyperproliferative disease states—conditions strongly associated with increased cancer risk. Telomere dysfunction can produce the opposing pathophysiological states of degenerative aging or cancer with the specific outcome dictated by the integrity of DNA damage checkpoint responses. In most advanced cancers, telomerase is reactivated and serves to maintain telomere length and emerging data have also documented the capacity of telomerase to directly regulate cancer-promoting pathways. This review covers the role of telomeres and telomerase in the biology of normal tissue stem/progenitor cells and in the development of cancer.**

### Telomeres protect chromosome ends

Telomeres are comprised of tracts of G-rich nucleotide repeats that serve as binding sites for a large array of proteins (Figure 1). In vertebrates, telomeres are composed of the sequence TTAGGG and include a double-stranded tract of repeats many kilobases long and an obligate single-stranded 3' overhang, measuring a few hundred nucleotides (1). The single-stranded overhang can fold back on the double-stranded telomere in a lariat structure termed the t-loop, which serves to sequester the chromosome terminus (2). Double-stranded telomere sequences are bound directly by two sequence-specific DNA binding proteins telomeric repeat binding factor 1 (TRF1) and telomeric repeat binding factor 2 (TRF2), which in turn interact with a larger number of proteins. TRF2 is critical for telomere end protection and can facilitate formation of the t-loop conformation. Disruption of TRF2 through overexpression of a dominant-negative form or through deletion in TRF2-knockout mouse embryo fibroblasts leads to loss of the protective capped structure, characterized by processing of the 3' overhang and ligation of chromosome ends (3,4). TRF1 can serve to modulate telomere length, but it also serves

**Abbreviations:** acd, adrenocortical dysplasia; aCGH, array comparative genome hybridization; APC, adenomatous polyposis coli; ATM, ataxia telangiectasia mutated; CNA, copy number alterations; DC, dyskeratosis congenita; min, multiple intestinal neoplasia; POT1, protection of telomeres 1; scaRNA, small Cajal body-specific RNA; snoRNA, small nucleolar RNA; TCAB1, telomerase Cajal body protein 1; TERC, telomerase RNA component; TERT, telomerase reverse transcriptase; TRF1, telomeric repeat binding factor 1; TRF2, telomeric repeat binding factor 2.

to facilitate DNA replication through the telomere repeats, which acts as fragile DNA sites (5–7).

TRF1 and TRF2 each interact with a common factor TRF1-interacting nuclear factor (TIN2) (8), which nucleates a six-member complex, termed shelterin, that also includes telomeric repeat binding factor 2-interacting protein, protection of telomeres 1 (POT1) and TPP1 (9). Telomeric repeat binding factor 2-interacting protein is a TRF2-interacting factor, related to Rap1p, a critical telomere-binding protein in *Saccharomyces cerevisiae* (10). Unlike yeast Rap1p, mammalian telomeric repeat binding factor 2-interacting protein does not bind telomeric DNA directly but is instead recruited to telomeres through its interaction with TRF2, where it may act to aid in repression of non-homologous end joining (11,12). TRF1-interacting nuclear factor 2 also interacts with the subcomplex of shelterin that binds the single-stranded overhang—TPP1 and POT1, two oligonucleotide/oligosaccharide binding (OB)-fold containing proteins (13–15). POT1 directly binds the single-stranded telomere sequences and interacts directly with TPP1. POT1 and TPP1 serve a role in protecting the single-stranded portion of the telomere because loss of POT1 impairs telomere capping (16–19). In addition, POT1 and TPP1 can control telomerase action at telomeres. Overexpression of POT1 leads to telomere shortening by inhibiting telomerase action at the telomere (20). In contrast, POT1 and TPP1 *in vitro* serve as potent enhancers of telomerase processivity (21,22), thus this single-stranded telomere complex serves an important role in regulating telomerase at the telomere.

### Replicative senescence and crisis in human fibroblasts

One of the earliest connections between telomeres and cancer was inferred from the study of primary human fibroblasts grown in cell culture (Figure 2). These primary human cells exhibited limited replicative potential, dividing ~60–80 population doublings before entry into a senescent state (23). In contrast, established cancer lines divided indefinitely with passage in culture. A first critical clue of the mechanistic basis for this distinction came with the observation that telomeres shorten progressively during division of normal human fibroblasts in culture, yet are maintained in cancer cells (24). These shortened telomeres activate a 'senescence' program, and this growth arrest phenotype can be neutralized through inactivation of p53 and Rb (the Retinoblastoma tumor suppressor protein) (25,26). However, as these human fibroblasts undergo additional cell divisions, telomere erosion continues and the loss of telomere capping function produces rampant chromosomal instability and widespread apoptosis, a cellular state termed crisis (27). Senescence and crisis in these fibroblasts are effectively averted by overexpression of telomerase reverse transcriptase (TERT), the catalytic protein subunit of telomerase, an enzyme complex that synthesizes telomere repeats (28,29). Immortalization of primary human cells by TERT overexpression has been repeated in many different cell types. This remarkable ability of telomerase to endow primary human cells, which are destined to senesce, with immortal growth potential provoked widespread speculation that telomerase reactivation plays a near obligate role in human cancer development, whereas the lack of such activity promotes aging and degenerative disorders.

### Human telomerase components and telomerase trafficking in cancer cells

The telomerase ribonucleoprotein enzyme is composed of a minimal catalytic core, which includes TERT protein and the telomerase RNA component (TERC) (Figure 3) (30–33). TERC functions as the template for the enzyme to add telomere repeats in a reverse transcriptase reaction at the chromosome end. Although TERT and TERC are sufficient to generate telomerase activity *in vitro* in rabbit reticulocyte



telomerase RNA in human cancer cell extracts. In addition, TCAB1 specifically associates with H/ACA scaRNAs but not H/ACA snoRNAs or other small RNAs in Cajal bodies or nucleoli. Depletion of TCAB1 disrupts telomerase localization to Cajal bodies and leads to progressive telomere shortening. Therefore, telomerase requires additional proteins that are stable components of the holoenzyme, for proper assembly, trafficking and function in human cancer cells.

### Expression of telomerase in mouse and human tissues

Early studies cataloging TERT expression and telomerase activity reported potent suppression in human somatic tissues, yet robust expression and activity in germ cells and cancer cells (48). However, more sensitive analysis of primary human samples has since revealed modest levels of telomerase activity in proliferative tissues with high renewal potential such as the bone marrow, skin, gastrointestinal tract and testis as well as in activated lymphocytes (49–51). Within these renewing tissues, telomerase is most active in the resident stem/progenitor cell compartments—particularly in early hematopoietic progenitor cells (49), in the gastrointestinal crypt epithelium (52) and in hair follicle progenitor cells (53). Telomerase expression in stem and progenitor cells appears to be insufficient to maintain telomeres, particularly with the stresses of bone marrow transplantation or with advancing age. Telomerase is reactivated during the reprogramming of human fibroblasts to induced pluripotent stem cells and is expressed robustly in human embryonic stem cells (54).

Telomerase activity is regulated in large part at the level of TERT gene transcription and, accordingly, a TERT-green fluorescent protein transgenic reporter mouse showed green fluorescent protein expression in hematopoietic stem/progenitor cells and in crypt cells of the gastrointestinal tract (55). The TERT promoter is controlled in some contexts by the c-Myc oncogene, which recognizes E-boxes within the promoter (56,57), and by estrogen receptor and Sp1 (58). Beyond TERT regulation, the telomerase holoenzyme is probably subjected to posttranscriptional regulation as evidenced by modulation of telomerase activity by the ubiquitin ligase MKRN1 (59). At present, it remains unclear to what extent the other components of the telomerase holoenzyme are regulated, how assembly of telomerase is controlled, whether and how posttranslational modifications impact on enzyme access and activity and how many other pathways impinge on control of TERT protein. Additionally, while telomerase is clearly an important factor in progenitor cell biology, uncertainty surrounds the extent to which telomerase is differentially regulated in progenitor cell compartments and the full extent of biological functions of telomerase in processes other than its classical role in telomere maintenance (see below).

### Telomerase-knockout mice reveal a critical role for telomeres in progenitor cell function

The identification of mammalian TERC, and later mammalian TERT, allowed the generation of telomerase-knockout mice to test the function of telomerase in development and tissue biology. Surprisingly, each telomerase component was found to be dispensable for life and these telomerase-knockout mice were remarkably normal (60). The survival of the mouse was attributed to the much longer telomeres of laboratory mouse strains. Indeed, continued breeding of first generation (G1) TERC<sup>-/-</sup> mice to yield successive generations of TERC<sup>-/-</sup> mice resulted in progressive loss of telomere reserves and ultimately provoked severe degeneration of highly proliferative tissues. G5–G6 TERC mice became infertile, showed high rates of apoptosis in testis and germ cell depletion, exhibited impaired bone marrow function and diminished proliferation of lymphocytes (61). The onset and severity of these defects tracked specifically with the degree of telomere dysfunction. Early generation TERC<sup>-/-</sup> mice with intact telomeres were grossly unaffected and healthy, whereas late generation TERC<sup>-/-</sup> mice showed a shortened lifespan and suffered from multi-organ degenerative decline. In the G5–G6 TERC<sup>-/-</sup> tissues, there was clear cytogenetic evidence of progressive telomere erosion including ‘signal-

free’ ends, chromosomal end-to-end fusions and anaphase bridging at mitosis (60–62).

The severe degenerative tissue defects in the late-generation telomerase-knockout mice appear linked to impaired proliferation and increased apoptosis in cycling progenitor cells and to a self-renewal defect in tissue stem cells. These defects are particularly evident in the very high rates of progenitor cell apoptosis in the intestinal crypts with resultant villus atrophy (63,64) as well as in the diminished transplant potential of hematopoietic stem cells from telomerase-deficient mice. Specifically, G1 TERC<sup>-/-</sup> or G1 TERC<sup>-/-</sup> hematopoietic stem cells were reduced in their ability to serially reconstitute the blood of irradiated mice compared with wild-type controls (65) and this defect was more severe in late-generation TERC<sup>-/-</sup> hematopoietic stem cells (66). The defects in proliferation and survival seen in late-generation telomerase-knockout mice appear to be caused by a subset of critically short telomeres, rather than a reduction in mean telomere length. Intercrossing late-generation TERC<sup>-/-</sup> mice with short telomeres together with wild-type mice with long telomeres yields TERC<sup>-/-</sup> animals that possess an increased mean telomere length and half the number of short dysfunctional telomeres. These mice exhibit comparable apoptotic and proliferative defects as the original late-generation TERC<sup>-/-</sup> mice consistent with the view that a subset of dysfunctional telomeres is a key driver of the progenitor cell defects in TERC<sup>-/-</sup> mice (66–68).

### Telomeres, the p53 pathway and aging

Critically short telomeres induce cellular and tissue defects through checkpoint signaling pathways that converge on the p53 tumor suppressor protein, a well-known cellular stress sensor that enforces cell cycle arrest or cell death in response to diverse stimuli including activated oncogenes, DNA damage and hypoxia (69) (Figure 2). In late-generation TERC<sup>-/-</sup> mice, p53 protein is stabilized and loss of p53 significantly attenuates the cell cycle arrest and cell death phenotypes in TERC<sup>-/-</sup> tissues (70). Telomere uncapping through disruption of TRF2 also strongly activates p53 in cell culture (71). Indeed, the signaling from uncapped telomeres has been dissected in cultured cells to reveal that as a telomere becomes critically short, or when it becomes acutely uncapped, telomere structure is disrupted in a way that enables its recognition as a classic DNA double-strand break. Telomeres in human fibroblasts approaching senescence, as well as telomeres in cells in which TRF2 function has been disrupted, acquire foci comprised of DNA damage proteins typical of those present at internal double-strand breaks in chromosomes. These telomere dysfunction-induced foci include the histone variant gamma-H2AX, and DNA damage protein p53BP1, the Mre11 complex and phosphorylated ataxia telangiectasia mutated (ATM) (72,73).

The signaling network linked to p53 has been the focus of several studies. Signaling from uncapped telomeres can be mediated by either of the key DNA damage-signaling kinases, ATM or ataxia telangiectasia and Rad3 related. When the double-stranded portion of the telomere complex is disrupted, for example through inhibition of TRF2, the ATM kinase is activated. In contrast, impairing the single-stranded telomere overhang through deletion of *POT1* leads to activation of the ataxia telangiectasia and Rad3 related kinase (74,75). The genes downstream of p53 that are responsible for executing the responses to dysfunctional telomeres have been less well studied. However, the cyclin-dependent kinase inhibitor p21 has been shown to participate in the p53-dependent telomere checkpoint response in both human fibroblasts and in TERC<sup>-/-</sup> mice (66,76).

Late-generation telomerase-knockout mice exhibit a premature aging syndrome characterized by hair graying, shortened survival and impaired responses to acute and chronic stress (63,77). These findings support the hypothesis that telomere shortening detected in aging humans may contribute to many aging phenotypes. From this perspective, an eroded telomere may represent an important, genotoxic signal that can activate DNA damage-signaling pathways capable of accelerating aging (78). Indeed, it is worth noting that reactive oxygen species, which can induce DNA damage, are capable of accelerating

telomere erosion that may further amplify checkpoint responses (79). Furthermore, many of the aging phenotypes observed in the telomerase-knockout mouse were also encountered in mice harboring a hyperactivated p53 germline allele (80). Together, these data establish the importance of p53-dependent DNA damage signaling in the aging process. This model implies that factors affecting genome integrity (such as telomeres, reactive oxygen species and DNA repair) and/or modulating p53-dependent responses (such as sirtuins) will impact on the aging phenotype, a view that is clearly supported by the dramatic attenuation of degenerative aging in telomerase-deficient mice null for p53.

### Telomere shortening inhibits tumorigenesis in models with intact p53 pathways

To determine whether telomere attrition influences the malignant transformation process, telomerase-knockout mice have been intercrossed with various engineered mouse models of cancer. These model systems have afforded the opportunity to study *in vivo* the effect of telomere shortening on cancer development in different tissue types and in different genotypic contexts. In one series of studies, the impact of telomerase deficiency was assayed in mice null for the *Ink4a/Arf* gene, which encodes two distinct tumor suppressor proteins: the cyclin-dependent kinase inhibitor p16 and the p53 activator p19Arf (the Alternative Reading Frame protein encoded within the *CDKN2A* locus) (81,82). It is worth noting that, although p19ARF regulates p53, ARF's prime mission is to sense aberrant cell cycle entry or hyperactivated oncogenes by blocking MDM2 (transformed mouse 3T3 double minute 2)-induced degradation of p53, resulting in p53 stabilization (83,84). ARF plays no discernable role in sensing DNA damage (85). *Ink4a/Arf* mutant mice develop lymphomas and sarcomas with short latency and high penetrance (86); however, in the setting of telomere dysfunction, *G4/G5 TERC<sup>-/-</sup> Ink4a/Arf<sup>-/-</sup>* mice show reduced tumor incidence and increased latency (87,88) and no change in the tumor spectrum. Notably, these *G4/G5 TERC<sup>-/-</sup> Ink4a/Arf<sup>-/-</sup>* tumors showed activation of alternative lengthening of telomeres and frequent mutation of p53, underscoring the importance of telomere maintenance and p53-dependent telomere checkpoint responses in tumorigenesis.

Quantitative analysis of mice with multiple intestinal neoplasia (*min*) provided further evidence that telomere shortening can dramatically impair tumor development in epithelial cells at specific stages in the malignant transformation process. The adenomatous polyposis coli (*APC*) tumor suppressor gene is mutated in patients with familial adenomatous polyposis, a disease characterized by hundreds of colonic polyps, and in 80% of sporadic human colon cancers. Mice heterozygous for the *APC min* mutation (*APC<sup>min</sup>*) develop numerous gastrointestinal adenomas, in similar fashion to patients with *APC* mutations. However, the lesions in mice do not progress at high frequency to invasive adenocarcinoma, presumably due to the shortened lifespan of *APC<sup>min</sup>* mice, caused by anemia secondary to bleeding from their gastrointestinal adenomas. In this *APC<sup>min</sup>* model, the addition of telomere dysfunction resulted in an increase in early neoplastic lesions probably due to chromosome instability resulting in increased loss of the remaining wild-type *APC* allele. However, these *G4 TERC<sup>-/-</sup> APC<sup>min</sup>* mice exhibited a profound suppression of more advanced adenomatous lesions in association with significant intratumoral growth arrest and apoptosis (89). The antitumor effects of telomere dysfunction resulted in dramatically increased survival in *G4 TERC<sup>-/-</sup> APC<sup>min</sup>* mice by preventing blood loss caused by gastrointestinal tract adenomas. In a transgenic breast cancer model driven by Polyoma Middle T antigen, telomere dysfunction significantly impaired not only tumor latency and penetrance but also reduced metastatic potential (90). In a classical chemical carcinogenesis model, application of 7,12-dimethylbenz(*a*)anthracene (DMBA) and phorbol esters 12-*O*-tetradecanoylphorbol 13-acetate induces high rates of skin papilloma formation by inducing activating mutations in the *H-RAS* gene (91). DMBA and phorbol ester treatment of *G5 TERC<sup>-/-</sup>* mice resulted in a 20-fold reduction

in papilloma frequency compared with mice with intact telomere function, demonstrating profound impairment of keratinocyte transformation in the setting of telomere dysfunction (92).

Attempts to understand the relative contributions of senescence and apoptosis in tumor suppression by dysfunctional telomeres have found evidence for both. Grieder and colleagues studied the impact of telomere dysfunction in the classical E $\mu$ -Myc B-cell lymphoma model (93). In that setting, dysfunctional telomeres induced a strong cellular senescence phenotype in the emerging lymphomas resulting in potent suppression of lymphomagenesis. In studies employing a p53 allele (R172P) capable of enforcing senescence but defective in apoptosis, dysfunctional telomeres strongly inhibited the spontaneous lymphomas and sarcomas to which p53-mutant mice normally succumb. However, the R172P allele was not as efficient as wild-type p53 in inhibiting chemically induced papillomas, suggesting that senescence was insufficient to block transformation of keratinocytes in this model (94). Together, these findings indicate that senescence and apoptosis responses induced by telomere dysfunction and p53 activation contribute to tumor suppression and that their relative roles probably vary based on cell type and the genetic context of the incipient cancer.

The role of telomerase in the transformation of cultured human cells has also been explored in great detail. In the 1980s, the introduction of oncogenes and transforming viral oncoproteins into primary rodent cells established the requirement of combinations of these cancer genes (95). However, similar cellular transformation experiments with potent oncogene combinations proved to be highly inefficient in the malignant transformation of cultured human cells. However, upon cotransfection with the human *TERT* gene, defined sets of oncogenes, specifically activated *H-RAS*, SV40 large T antigen and SV40 small t antigen, resulted in the efficient malignant transformation of human fibroblasts (96). Similar approaches have been used to transform human mammary cells (97), melanocytes (98) and many diverse cell types. In the vast majority of cases, enforced expression of exogenous *TERT* was required for transformation, although there are some exceptions such as human keratinocytes wherein Inhibitor NF $\kappa$ B  $\alpha$  (I $\kappa$ B $\alpha$ ) and activated *H-RAS* can drive transformation to squamous cell carcinoma (98). More recently, lentiviral oncogene transduction of human mammary epithelia cells directly from reduction mammaplasty results in breast adenocarcinoma following short-term culture and immediate orthotopic implantation (99). Importantly, in both the squamous cell carcinoma model and the breast adenocarcinoma model, the emergent cancers show activation of endogenous telomerase activity. These cell culture-based systems are consistent with the seminal observation that the vast majority of spontaneous human cancers express robust levels of telomerase activity (48).

Collectively, the aforementioned mouse models and human cell systems highlight the importance of telomeres in the transformation process. In all four mouse models, telomere dysfunction and the retention of a p53-dependent DNA damage response resulted in impaired growth of tumors. Those tumors that did emerge showed activation of alternative lengthening of telomeres (ALT), mutation of p53 and/or a diminished capacity to achieve a fully malignant state (88,100). Similarly, the data in human cells also strongly support the view that telomerase reactivation is required for malignant transformation and, if *TERT* is not exogenously supplied, endogenous telomerase is expressed through selection, through direct regulation by the cancer genes employed or through transformation of a rare progenitor cell population expressing telomerase in the culture of human cells.

### Telomere dysfunction is a key mutator mechanism driving epithelial carcinogenesis

While the above studies established the importance of telomere maintenance in the acquisition of a fully transformed state, the analysis of mice deficient for both telomerase and p53 expanded our view of how telomere dysfunction impacts on the genesis of malignancies. Mice deficient for p53 have been instrumental in dissecting many functions

of this critical tumor suppressor protein in processes of malignant transformation. However, while p53-mutant mice are cancer prone, we noted that their predilection for mesenchymal and lymphoid malignancies, rather than epithelial cancers, did not represent the tumor types most commonly possessing p53 mutations in humans (101,102). Genetic studies designed to assess the interaction of p53 and telomere dysfunction yielded unanticipated insights into the genesis of epithelial cancers, which are the most common malignancies affecting the human population.

The p53 response is known to be critical in sensing DNA damage and executing cellular checkpoint responses to repair or eliminate such cells (103). Reasoning that an eroded telomere might be similar to a DNA damage signal, we assessed the impact of p53 loss on the degenerative phenotypes of mice with dysfunctional telomeres. In G5/G6 TERC<sup>-/-</sup> p53<sup>-/-</sup> mice, we showed dramatic and widespread restoration of cellularity and cellular proliferation and reduction in apoptosis across many tissues—findings consistent with deactivation of a p53-dependent DNA damage response (70). However, this cell survival and continued cycling resulted in the accumulation of cells with strikingly abnormal cytogenetic profiles consistent with ongoing telomere dysfunction and its associated chromosomal fusion-breakage cycles upon cell division. In notable contrast to the aforementioned models (intact for DNA damage signaling), G5/G6 TERC<sup>-/-</sup> p53<sup>-/-</sup> (or p53<sup>+/-</sup>) mice showed significant acceleration of the rate of tumor formation and altered the spectrum of tumor types (104). In contrast to the typical tumor spectrum of p53<sup>+/-</sup> mice with intact telomeres, G5/G6 TERC<sup>-/-</sup> p53<sup>+/-</sup> mice developed epithelial cancers, particularly those of the skin, breast and gastrointestinal tract. In fact, by one year of age, all mice in this cohort harbored neoplastic lesions of the colonic epithelium. Thus, telomere shortening and dysfunction that proceeds unchecked in the setting of deactivated p53 serves to accelerate, rather than limit, carcinogenesis and promotes tumor formation in epithelial compartments.

The G5/G6 TERC<sup>-/-</sup> p53<sup>+/-</sup> epithelial tumors sustained loss of the wild-type p53 allele and showed frequent anaphase bridge formation consistent with the formation of dicentric chromosomes. On the cytogenetic level, spectral karyotype analysis showed chromosomal end fusions and numerous translocations between non-homologous chromosomes. These translocations were of the non-reciprocal type and were not seen in cancers from p53-deficient mice with long telomeres. Unlike classical balanced translocations, non-reciprocal translocations lead to copy number changes of the genes residing near the translocation breakage-rearrangement point (105). High-resolution copy number analysis, coupled with spectral karyotyping, have since demonstrated that these non-reciprocal translocations are a major driver of regional amplification or deletion of cancer-relevant genes (106,107).

In line with telomere dysfunction as a driver of such genome instability, disruption of TRF2 in primary human fibroblasts has been shown to promote the formation of non-reciprocal translocations (108). Thus, either progressive telomere shortening or acute telomere uncapping can lead to non-reciprocal translocations through a fusion-breakage mechanism. In addition, mice mutant for the telomere-binding protein TPP1 develop adrenocortical dysplasia (acd) and other developmental abnormalities that are largely rescued by p53 deficiency (109,110). Similar to the G5/G6 TERC<sup>-/-</sup> p53<sup>+/-</sup> model, TPP1<sup>acd/acd</sup> p53<sup>+/-</sup> mice are highly prone to epithelial carcinomas of the skin, which possess non-reciprocal translocations (111).

Thus, impairment of telomere capping function, either through progressive shortening or through immediate uncapping, can drive carcinoma development by destabilizing chromosomes (Figure 2). Importantly, this telomere-related chromosome instability provides a mechanism for regional amplification or deletion, which under biological pressure can select for changes in oncogenes and tumor suppressor genes. Epithelial cancers, as opposed to hematopoietic or mesenchymal malignancies, have long been recognized to require a larger number of mutations to achieve a malignant state (112). In this light, our studies suggest that a major basis for the cross-species difference in tumor spectrum between humans and mice relates to an

absence of a key mutator mechanism in mice that enables epithelial carcinogenesis. But what is the evidence that telomere dysfunction is a relevant mechanism driving epithelial cancers in humans?

### Telomere dysfunction drives focal amplifications and deletions of cancer-relevant loci: a model for generation of complex human cancer genomes

Analysis of cancer genomes has been aided by advances in array comparative genome hybridization (aCGH), which allows a global view of DNA copy number changes with high resolution. Extensive aCGH studies on human cancers using a variety of platforms have revealed widespread focal amplifications and deletions in human cancers which are now known to harbor oncogenes and tumor suppressor genes, respectively (113). At the same time, for the vast majority of such amplifications and deletions, the relevant cancer genes is not yet known for these loci so the question remains as to whether such loci contain driver cancer genes or are simply the by-product of genome instability and fragile sites. The argument for the cancer relevance for these copy number alterations (CNAs) comes from aCGH analyses of tumors from telomerase-deficient mice. These copy number profiles have revealed genomic events remarkably similar to those of human cancers. Carcinomas from G4–G7 TERC<sup>-/-</sup> p53<sup>+/-</sup> mice showed a marked increase in focal CNAs by aCGH, compared with early generation TERC<sup>-/-</sup> p53<sup>+/-</sup> tumors with long telomeres (106). Similarly, skin carcinomas from TPP1<sup>acd/acd</sup> p53<sup>+/-</sup> tumors exhibited focal CNAs by aCGH (111). Importantly, these abundant focal CNAs occur specifically in tumors driven by dysfunctional telomeres. Conventional mouse models driven by activated oncogenes or loss of tumor suppressor genes exhibited fewer focal CNAs, instead showing genomic profiles characterized by gain or loss of whole chromosomes (114–118). The paucity of focal CNAs in these conventional models is due, in fact, to the long telomeres of mice, which preclude critical telomere shortening and prevent telomere-based crisis in would-be cancer cells.

The dramatic accumulation of focal CNAs in G4–G7 TERC<sup>-/-</sup> p53<sup>+/-</sup> tumors prompted us to speculate that chromosome breakage process associated with telomere dysfunction might provide a major mechanism driving amplifications and deletions in human cancer genomes (Figure 2). The fundamental importance of chromosomal breakage is reinforced by analogous genomic changes in cancers from mice deficient for non-homologous end joining and p53. Cells from these mice also sustain breakage events that are associated with CNA accumulation (119). Our hypothesis that telomere-based crisis and deactivation of DNA damage signaling are a major mechanism driving epithelial carcinogenesis in humans, particularly the aged, is consistent with multiple observations including (i) telomere shortening in epithelial compartments with advancing age, (ii) short telomeres in established tumors indicating a period of telomere erosion at some point in tumor development, (iii) massive genome instability at very early stages of the malignant transformation process, yet quelling of instability with further progression (consistent with telomerase reactivation) and (iv) presence of anaphase bridging at a time when genome instability and inactivation of p53 are observed in evolving epithelial cancers.

More specifically, the multiple lines of evidence supporting the importance of telomere-based crisis as a prime mechanism shaping cancer genomes and driving epithelial carcinogenesis in aged humans are as follows. Early experiments relying on Southern blot analysis showed significantly shorter telomeres in breast and colon cancers compared with adjacent normal tissue samples (120–122). The development of fluorescence *in situ* hybridization-based techniques for telomere length analysis has been a substantial technical advance in this area, allowing analysis of individual cell populations within a cancer. Telomere fluorescence *in situ* hybridization analysis has confirmed the fact that telomeres are markedly shorter in cancerous epithelium compared with pathologically normal epithelium or stromal cell compartments within the same sample. With this *in situ* technique, telomeres were shown to be shorter in invasive cancers

of the breast, prostate and pancreas, as well as in their pre-invasive counterparts (123–126). Pre-invasive cancers of the bladder, cervix, colon, esophagus and oral cavity were also shown to have very short telomeres in 89% of cases studied. These data indicate that telomeres shorten during epithelial cancer development in humans and that short telomeres are evident at the earliest stages of human carcinogenesis (127,128).

Concomitant with telomere shortening in early stages of cancer, there is evidence that telomeres become dysfunctional during human tumorigenesis. Anaphase bridges, a hallmark of dysfunctional telomeres, are low in adenomas but increase substantially at the adenoma–carcinoma transition. Anaphase bridges become significantly more abundant at the pre-invasive and invasive colon cancer stages (89). In human breast cancer, rates of chromosomal instability peaked at the ductal carcinoma *in situ* stage. As in the case of colon cancer, anaphase bridges were seen in pre-invasive stages and this evidence for chromosomal instability occurred during a period a dramatic telomere shortening (126). Ductal carcinoma *in situ* is the stage at which telomerase is upregulated, which is consistent with the idea that telomere stabilization then reduces the rate of chromosomal changes at the invasive and metastatic stages (129). Similarly, upregulation of telomerase occurs at the dysplastic adenoma to carcinoma transition in human colon cancer, facilitating enhanced telomere maintenance and fostering relative stability late in tumor progression (120). These findings suggest that extended proliferation in early stages of tumorigenesis leads to telomere shortening in part because telomerase levels are inadequate at these stages. In fact, diseases of high turnover are associated with precisely this type of telomere shortening, telomere dysfunction and cancer predisposition. Inflammatory bowel disease results in chronic inflammation and increased proliferation in the gastrointestinal tract. Ulcerative colitis is a form of inflammatory bowel disease that affects the colon and is associated with telomere shortening, increased anaphase bridges and a high rate of colon cancer (130). Similarly, the chronic cellular damage that leads to liver cirrhosis results in shortened telomeres, anaphase bridges and a dramatically increased risk of liver cancer (131–134). Thus, conditions of enhanced proliferation and tissue damage in humans accelerate telomere shortening and destabilize chromosomes in a manner similar to that seen in many human carcinomas.

The incorporation of telomere dysfunction in mouse cancer models changes their genomic profile such that focal amplifications and deletions, typically rare in mouse tumors, become abundant. These findings suggest that mouse cancers arising due to dysfunctional telomeres may serve as a model for cancer gene discovery. Furthermore, these mouse tumors provide a powerful platform for sifting through the complexity of the human cancer genome. Thymic lymphomas driven by severe telomere dysfunction in G5 *TERC*<sup>-/-</sup> *ATM*<sup>-/</sup> *p53*<sup>+/-</sup> mice were analyzed by aCGH and showed abundant focal gene amplifications and deletions. These CNAs from the mouse lymphomas were compared with CNAs in a broad variety of human cancers (107). Remarkably, the majority of recurrent CNAs in these murine lymphomas were syntenic to amplified/deleted regions in human cancers of diverse types. These syntenic changes included alterations in known cancer genes such as *NOTCH1*, *MYB*, *FBXW7* and *PTEN*. However, and more strikingly, the gene target of these CNAs is not known in the vast majority of loci indicating that a large number of cancer genes remain to be discovered. Such data are consistent with recent deep multidimensional analysis of human cancers (135). Together, these data indicate that the human genome is widely altered through changes in gene copy number and that telomere shortening during tumorigenesis can serve as a key mutator mechanism.

#### Extracurricular activities of telomerase in cancer and stem cell biology

These data from telomerase-deficient mice provide important insights into the early stages of tumor development when telomerase levels are

low. Together, the data from humans and mice are consistent with a model in which a period of genomic instability early in tumor development is followed by a period of relative stability after telomerase is upregulated. In addition to stabilizing chromosomes, upregulation of telomerase clearly serves to enhance proliferation of cancer cells by maintaining telomere sequences, thereby reducing intolerable levels of chromosomal instability and preventing the DNA damage checkpoint responses that would slow proliferation, induce senescence or trigger cell death.

While mouse and human systems have clearly established a critical role for telomerase, in particular enforced TERT expression, in telomere maintenance and immortalization, mounting evidence has revealed additional activities of TERT that are independent of telomere synthesis. Overexpression experiments in transgenic mice and in human cells have shown that TERT exhibits activities in cellular transformation (136–138), proliferation (139), stem cell biology (140–142), cell survival (143,144) and chromatin regulation (145). An active role for TERT in tissue progenitor cells was revealed in a conditional gain-of-function system in transgenic mice. Expression of TERT under control of a tetracycline-regulated promoter in mouse skin led to a rapid developmental transition in mouse hair follicles, from the resting phase, telogen, to the active phase, anagen. TERT drove this dramatic change by activating quiescent hair follicle stem cells in their niche, the bulge region. These effects of TERT occurred in mice null for *TERC* and therefore are independent of the canonical role of telomerase in adding telomere repeats (146). Stable overexpression of TERT in mouse skin enhanced the ability of bulge stem cells to enter cell cycle when stimulated with phorbol esters (147). Conditional overexpression of a TERT point mutant lacking reverse transcriptase function led to an identical phenotype of hair growth and bulge stem cell proliferation (148).

These observations indicated that TERT possesses properties of a developmental regulator and indeed TERT exerts these potent developmental effects as a modulator in the Wnt signaling pathway (149). TERT interacts with the chromatin remodeling protein Brg-1, which binds  $\beta$ -catenin, the central transactivator in the Wnt pathway. TERT is recruited to Wnt target gene chromatin in cells stimulated by Wnts and serves to enhance the transcriptional output of the Wnt program in this context (148,149). The ability of TERT to enhance Wnt signaling explains how TERT activates bulge stem cells since overexpression of  $\beta$ -catenin in mouse skin causes a very similar stem cell-activation phenotype (150–152). In addition, TERT was shown to interact with RNA component of mitochondrial RNA processing endoribonuclease, the RNA component of ribonuclease P, and in this context TERT is able to act as an RNA-dependent RNA polymerase. These findings suggest that TERT may amplify small non-coding RNAs and exert other activities through this mechanism (153). Together, these findings indicate that the near universal reactivation of TERT in human cancers may promote tumor progression, proliferation or survival through multiple mechanisms. Upregulation of TERT may yield enhanced telomerase activity and therefore stabilize short telomeres, supporting unlimited cell division. In addition, by enhancing Wnt signals in human tumors, TERT may support proliferation and survival of cancer cells through more direct mechanisms.

#### Germline mutations of telomerase components underlie the human genetic disease dyskeratosis congenita

The roles of telomere dysfunction in inhibiting tissue progenitor cell function and in promoting cancer are further supported by findings in a rare genetic disorder dyskeratosis congenita (DC). DC is characterized by a triad of cutaneous findings including oral leukoplakia, skin hyperpigmentation and nail dystrophy. However, the major morbidity of the disease is due to a high incidence of aplastic anemia and pulmonary fibrosis (154,155). In its X-linked form, DC is caused by mutations in *dyskerin*, which leads to reduced levels of TERC and telomerase activity (43). Autosomal dominant forms are caused by mutations in

TERT, TERC or the telomere binding protein TRF1-interacting nuclear factor 2 (156–159). Autosomal recessive forms can be caused by mutations in the dyskerin-associated proteins NHP2 (160) and NOP10 (161). In all cases, telomeres in DC patients are very short, typically shorter than the first percentile of age-matched controls. The severe defects in maintenance of blood, which results in life-threatening aplastic anemia, implicate a defect at the level of the hematopoietic stem cell. Other aspects of the disease including the oral leukoplakia, nail dystrophy and pulmonary disease suggest the possibility that dysfunctional telomeres in this disorder broadly impair function of stem cells and progenitor cells, findings in close agreement with those in telomerase-knockout mice. Patients with DC are prone to myelodysplastic syndrome, a preleukemic condition, and the oral leukoplakia is a precursor lesion for invasive squamous cell carcinoma of the oral mucosa. Thus, telomere shortening syndromes in humans recapitulate the defects in stem cell function, impaired maintenance of proliferative tissues and the tumor predisposition seen in telomerase-knockout mice.

### Conclusions and perspectives

Data from mouse and human systems indicate that intact telomere function is crucial for cell proliferation and survival and that telomere shortening can profoundly impact regenerative tissues, particularly in progenitor cell compartments. In the absence of p53—the key mediator of the response to dysfunctional telomeres—cell death and cell cycle arrest responses in progenitor cells are mitigated. This checkpoint defect allows survival in the face of continued telomere shortening, which now leads to rampant chromosomal instability through chromosome fusion-bridge-breakage cycles. Data from mouse and human cancers support the hypothesis that dysfunctional telomeres are a key driver of focal gene amplification and deletion in epithelial tumors. Several factors conspire to enhance telomere shortening in incipient human tumors, including advancing age, proliferation in preneoplastic lesions and diseases of high cellular turnover. Telomerase-knockout mice offer the opportunity to enable cancer gene discovery through analyses of syntenic regions in mouse and human tumors, which will facilitate the discovery of driver mutations, and therefore novel therapeutic targets, in human cancers. Understanding why telomeres shorten so significantly in tumorigenesis and other disease states, despite telomerase expression, is an important goal for the field. Possibilities include insufficient telomerase levels, impaired regulation or the possibility that a subset of telomerase components is limiting. An improved understanding of telomerase function may suggest specific strategies for stabilizing telomeres in aging tissues to prevent cancer and other diseases, and alternatively, more sophisticated approaches for inhibiting telomerase in mature human cancers. The clear requirement for telomere maintenance by telomerase in renewing tissues, coupled with the emerging telomere-independent role for TERT in tissue progenitor cells, indicates that manipulating TERT may indeed fulfill its early promise in regenerative medicine. Continued investigation in the field of telomeres and telomerase will yield new and important insights into how progenitor cells are regulated, how tissues and organisms age and how cancer genomes evolve.

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